

# Learning to Fly Workshop for Schools



**Duration:** 60 minutes

**Capacity:** 1 class (up to 33 pupils) teachers are asked to remain with pupils during the workshop

**Suitability:** Ages 7+. Suitable for participants who are new to dance, as well as those with experience.



Join award-winning Barrowland Ballet for a lively and engaging dance workshop based on their new production *Learning to Fly*.

- Explore the imagery from the Greek legend of Icarus that inspired this production- from Daedalus and his Labyrinth with the Minotaur; to Icarus taking flight and melting his wings
- Learn new movement skills and develop a greater understanding of dance and choreography
- Develop confidence, practice teamwork and celebrate individual creative expression

This workshop is led by Barrowland Ballet's highly skilled dance artists. It is suitable for participants who are new to dance, as well as those with some experience. Participants should wear comfortable clothes, and have bare feet or wear sports shoes.

## Curriculum for Excellence

These workshops provide *Experiences* and *Outcomes* appropriate to the first - third level across the following areas of the curriculum:

- Expressive arts: Pupils will have a high-quality arts experience; developing knowledge, skills and confidence in dance and drama.
- Health and wellbeing: Pupils will participate in an enjoyable and engaging physical experience at a level appropriate to their own ability; including group activities and opportunities to contribute and share individual ideas.
- Social studies: Using the stimulus of the Greek legend of Icarus, pupils will explore different characters, values, places and circumstances.
- Literacy: Pupils will be introduced to new vocabulary and terminology, particularly in terms of dance and choreography, and explore non-verbal communication through dance and movement.

## Barrowland Ballet

[Barrowland Ballet](#) is one of Scotland's most exciting and successful contemporary dance companies. The company produces high quality, accessible dance theatre which has gained critical acclaim nationally and internationally. The work's themes are delivered with wit and humour, and the insightful observations of human behaviour are rooted in personal stories. Alongside the company's professional theatre and film work, they have a wealth of experience in delivering exceptional participatory dance activity within many different contexts to people of different ages, needs, abilities and levels of experience.

